

# **The Feng Shui Anthology** **Contemporary Earth Design**

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Earth Design Incorporated, Literary Division  
Miami, Florida

## **Contemporary Earth Design: *A Feng Shui Anthology***

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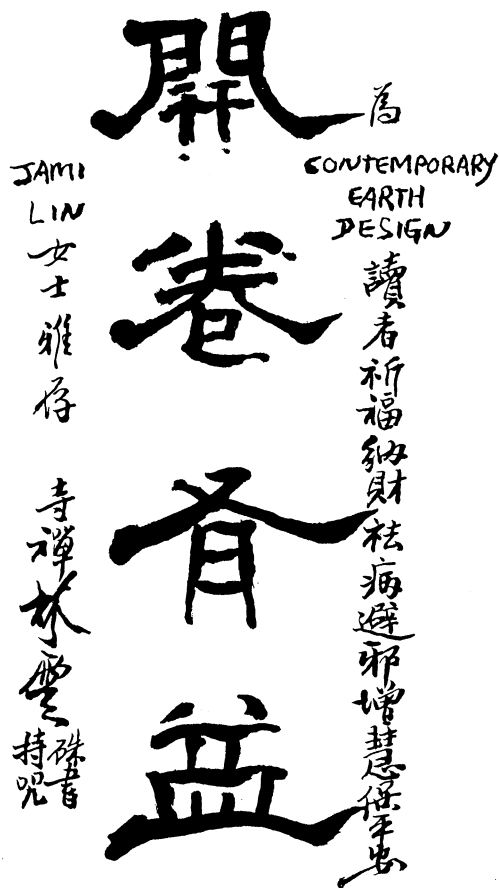
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Professor Lin Yun,  
the Grand Master of Black Sect Tantric Buddhism Fourth Stage,  
writes the following Chinese proverb in cinnabar  
while holding the blessing mudra.

With this blessing, the readers of *Contemporary Earth Design*  
will receive increased wealth, wisdom, and prosperity,  
while evil and sickness will be expelled.

"Whenever you open a book, you will receive benefits."

Master Lin Yun can be reached at The Yun Lin Temple  
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# Glossary

**Acupressure** - the application of pressure to acupuncture points to stimulate/regulate Chi flow through the body's energy *meridians*.

**Bagua** - an octagonal symbol composed of the eight *trigrams*, which represent the eight primal energies of the universe. A note: the spelling of the names of the trigrams differ depending on the system of transliteration used. Please refer to the chart courtesy of Ho Lynn.

<u>Chinese Character</u>	<u>Trigram</u>	<u>Yale System</u>	<u>Wade-Gile System</u>	<u>Pinyin System</u>	<u>English</u>
乾		Chyan	Ch'ien	Qian	Heaven
坎		Kan	K'an	Kan	Water
艮		Gen	Ken	Gen	Mountain
震		Jen	Chen	Zhen	Thunder
巽		Syun	Hsun	Xun	Wind
離		Li	Li	Li	Fire
坤		Kwun	K'un	Kun	Earth
兌		Dwei	Tui	Dui	Lake

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**Buddhism** - an religion of Indian/Asiatic origin based on the personal experience of Gautama Buddha; one of the great religions of the world.

**Chakra** - energy centers or vortexes that are located in the etheric body. They transfer energy between the subtle bodies and the physical body.

**Chi (Qi)** - the primal life-force energy that flows in all things.

**Chi Gong (Qi Gong, Chi Kung)** - an internal martial arts practice that integrates and transforms life force energy from the universe

**Command Position** - the most favorable position in a room for bed or desk placement; it should face and be across from, but not in direct line with, the room's entrance.

**Dharma** - the sacred law, the Buddhist cannon.

**Five Elements** -the five basic divisions of Chi or five forces of the universe; they are given archetypal names from nature: Wood, Water, Metal, Earth, Fire.

**Gua** - one of the eight *trigrams* or areas of the Bagua.

**Heart Calming Mantra** - “gatay gatay para gatay, para sum gatay, bodhi swaha” is used at the beginning of a meditation or Feng Shui cure to bring peace of heart and mind.

**Hexagram** - a symbol composed of two *trigrams* that represents a specific pattern of energy or human condition. It is the basis of the *I Ching* oracle.

**I Ching - The Book of Changes**; an ancient Chinese oracle and book of philosophy; it is based on 64 *hexagrams*, which represent all human and cosmic situations.

**Loupan** - a specialized compass used in Feng Shui that incorporates astrological, geomantic, and directional markings, among others. It is used by Compass School Feng Shui.

**Kabballah** - an umbrella term for the Jewish mystical tradition; a symbolic system of spiritual and philosophical wisdom.

**Mandala** - a circular, symbolic representation of the universe using geometric shapes and deities; it is used as a meditation tool.

**Mantra** - a sacred sound that is chanted or repeated during meditation or a Feng Shui cure.

**Meridian** - channels through which Chi flows.

**Mudra** - a sacred hand gesture used for energy transformation.

**Red Envelope** - a traditional symbol of exchange used when a transcendental Feng Shui cure is shared; the person who receives such a cure places a monetary token of acknowledgement inside and gives it to the Feng Shui practitioner. The purpose is to set the intent of the work and to protect the exchange from negative karma.

*Jami Lin honored the tradition for every transcendental cure or blessing in this book. She asks that if they are used or shared, that you respect the tradition and send a red envelope to The Yun Lin Temple, the original source of the cures, or to your favorite charity.*

**Sefiroth** (sephirot) - the tree of life, a Kabbalistic symbol which illustrates the interrelated stages of the manifestation of God and/or creation.

**Sha** - negative or harmful Chi.

**Six True Words** - “Oh Man Ni Pad Me Hum” - literally translated: “Hail to the Jewel in the Lotus,” used as a seal for Feng Shui cures and as a meditative *mantra*.

**Stupa** - a sacred structure built with the five elemental shapes which contain the five basic energies.

**Tai Chi** - the integration of *yin* and *yang* from which life emerges.

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**Tao** - the Subtle Origin of the universe; the original energy of the universe that is incomprehensible. Creation is the expansion and polarization of Tao into *yin* and *yang*.

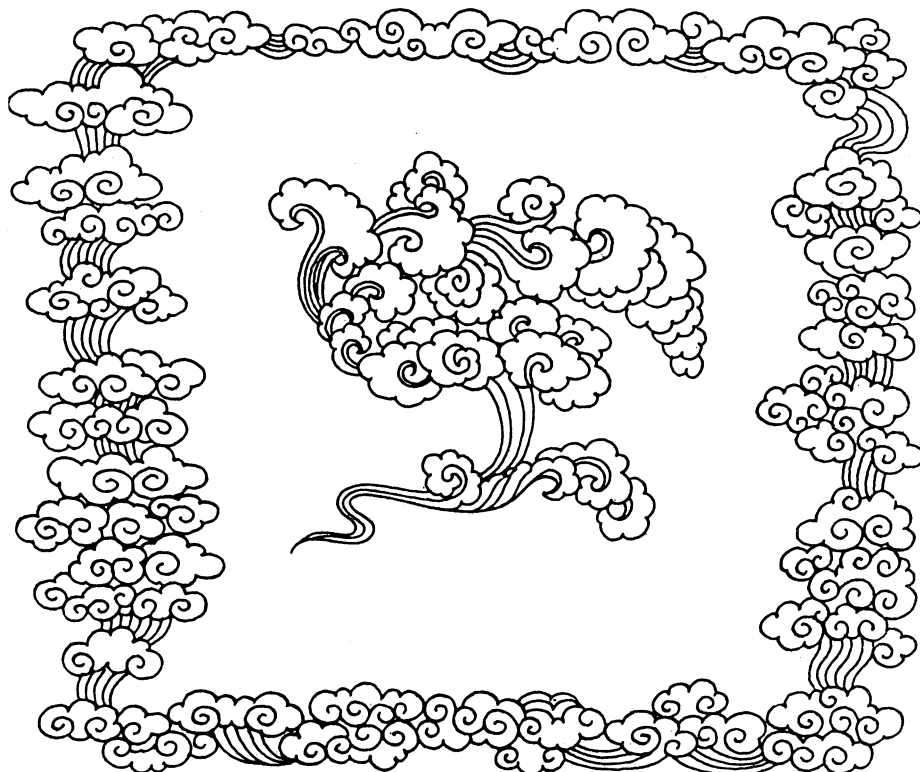
Three Secrets Reinforcements - the combination of body (*mudra*), mind (visualization), and speech (*mantra*) used to seal a Feng Shui cure.

**Transcendental Cures** - Feng Shui adjustments that lie beyond the rational realm.

**Trigram** - a symbol of universal energy composed of three lines; the lines represent combinations of *yin* (broken line) and *yang* (solid line) energy. The eight possible configurations form the eight basic energies of the *Bagua*.

**Yin** - a polarity of *Tao*; the feminine, negative, dark, static principle that exists only with *yang*.

**Yang** - a polarity of *Tao*; the masculine, positive, light, active principle that exists only with *yin*.



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## Preface

A life-time ago, I was sitting in a comparative religion class and my mind started to drift. I thought, “One day, I would like to write a book that pulls spiritual concepts together.”

Many teachers and classes later, I realized that spirit is of one essence, with many paths to get there. As an interior designer, I became intrigued with the path of Feng Shui. I resonated deeply with it, as it was the added dimension to my interior design work; it enhanced the body, the creativity of the mind and spirit, along with enhancing the environment. I also knew that Feng Shui was much more than the “Chinese art of placement;” it had global implications for spiritual renewal, and I called this universal concept, “Earth Design.”

When I began writing my first book, Earth Design: The Added Dimension, I was reminded of my fleeting thoughts in that university course and realized that I had begun to fulfill my vision. I wrote about the universal and comparative nature of Earth Design and how universal geomancy and Feng Shui can be brought into everyone’s lives, into their interiors - both their homes and their hearts.

With this anthology, I am continuing to live according to the destiny confirmed in my college daydream. I have chosen, or have been chosen, to bring together a collection of universal Feng Shui ideas from today’s best practitioners. Through their individual consultation and design experience, these Feng Shui experts from around the world are giving you their best ideas and philosophies so you can move forward on your spiritual journey with greater peace and harmony. I am grateful to all these special people, these pioneers in Feng Shui, who have helped me to follow my dream for a more loving Earth. It is with great pleasure that I again share practical Feng Shui that you can apply to your home, office, and life. To begin the book, I will share my favorite Chinese proverb:

*If there is harmony in the house, there is peace in the nation.  
If there is order in the nation, there will be peace in the world.*

Jami Lin

Since I am not Asian, I am often asked about my name and its spelling. Jami Lin is my first and middle name, spelled the exact karmic way my Mother gave it to me on the day I was born.

## **Foreword**

### **Feng Shui Grand Master Lin Yun**

In eager anticipation, Contemporary Earth Design: A Feng Shui Anthology, compiled and edited by Jami Lin, is finally being published! Not only is this book a masterpiece of the Feng Shui world, it is also a rainbow soaring across the publishing industry. The knowledge this book contains will help us attain wonderful, desirable, comfortable, and pleasurable living and working environments.

This book is also a collection of great writing by Feng Shui experts from around the world. Combining the ideology behind spirituality, aesthetics, fine arts, and religion, and using various aspects, perspectives, and themes, this book explains in everyday language the result of profound research. It lets us know that if we begin to understand and emphasize this ancient and matchless art of Feng Shui, our powers of creativity, analysis, judgement, and cognition will naturally be enhanced. This understanding will reinforce our mental and physical health, as well as elevate the interior and exterior spatial order in relation to creativity, design, and decoration. The *living conditions* where we reside and work will be well-adjusted.

Feng Shui has no nationality. Even though it originated in ancient Chinese culture, Feng Shui is no longer just an art of ancient Chinese architecture and placement. It has already established its place in the world and can be used by every ethnic group on Earth.

For this collection, in addition to the efforts of Jami Lin, whose distribution of good karma and kindness knows no bounds, more appreciation goes out to all of the contributing authors. With each author's fluent literary talent, superb wisdom, valuable experiences, and most of all, ardent and enthusiastic heart, we are able to share, through Contemporary Earth Design, the results of many years of studying Feng Shui.

This book guides the reader through eight main sections: Feng Shui Basics, Feng Shui Schools, Architecture and Landscape, Decorative Feng Shui, Feng Shui for the Healthy Body, Feng Shui for the Healthy Home, Feng Shui for the Spirit, and The Divine Plan. Described in great detail, are Feng Shui's wonder and function, design and effect, development and tolerance, in topics such as the Bagua, Chi, energy, portents, classical traditions, East-West ideologies, new cures, contemporary architectural design, landscape design, interior/exterior design, real estate values, using existing resources, first

impressions, inspiring arrangements, personal relationships, and ancient Chinese wisdom.

To attain perfect health, in body, spirit, and at home, this book offers insights into life healing, physical health, the five elements, scents, energy fields, children, place of mind, Feng Shui traits in the Age of Aquarius, spiritual cultivation, color and chakra, and much more. Each topic is discussed from the basic level to the more advanced. Nothing is left out. Most notable is that the most difficult and most comprehensive theories of Feng Shui are explained, from the mundane to the transcendental, as well as from the psychological, physiological, and spiritual aspects.

From its contents, it is clear that Jami Lin, who excels in morals as well as academics, has gone through great difficulties in compiling this book, and we can now witness the splendid result of her accomplishment. There is a Chinese proverb that says, "Whenever you open a book, you will receive benefits." This perfectly describes the ultimate value of this book.

A handwritten signature in black ink. The signature reads "Lin Yun Thomas" in a cursive script. To the right of the name, there are two Chinese characters, "林雲" (Lin Yun), written in a stylized calligraphic font.

Lin Yun

November 1996

Translation by Mary R. Hsu

# Introduction

**Sarah Rossbach**

In the past decade, Feng Shui, the ancient Chinese art of placement has made the journey from East to West and has entered not only the Western mind but also Western design, spirituality, and practices. Contemporary Earth Design: A Feng Shui Anthology presents the diversity of thought, approaches, and practices of Western Feng Shui.

This diversity appropriately reflects back to Feng Shui in ancient China. For in China, there existed a great range of not only Feng Shui schools but also Feng Shui expertise. These experts ranged from semi-literates and scholars to Buddhist and Taoist priests. They ran the gamut from wise man to charlatan. Their training ranged from the Nine Star School to the School of Forms to the Black Sect and others. Some used the “loupan,” the Chinese cosmic compass, and astrology; others examined the forms of the earth, waterways, and vegetation, and others employed a mixture of practices plus intuition and common sense.

Today, Feng Shui has been adapted to the West and is used Western design, architecture, and life. Western Feng Shui includes many different approaches and varying levels of knowledge, creativity, perspective, spiritual depth, and expertise. In its journey through time and space, Feng Shui is ever-changing and evolving, but the goal remains the same: the creation of a positive and harmonious environment to enhance the lives and fortunes of its occupants.

Feng Shui incorporates so much that is human, bridging practical and mystical, spiritual and material, mundane and transcendental. This book marries these seemingly contrasting qualities, and so read each chapter with an open mind and heart.

As they say in France, “Vive la difference!” or in China: “Bu yi-yang, de shr-ching-Wan suai!”