

South Florida Homestyle

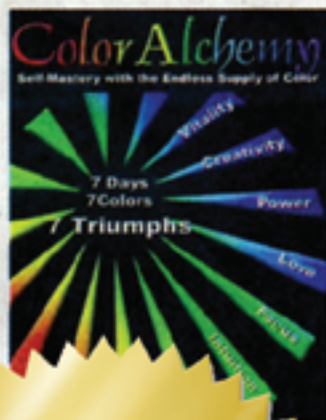
BY CHARLYNE VARKONYI SCHAUB

Color's magic chemistry

ColorAlchemy

FREE Secrets on
ColorAlchemy.com

Author Jami Lin suggests aligning colors with each day of the week for personal success.



'ColorAlchemy' book helps develop your personal palette

Miami interior designer Jami Lin has a perfect sense of timing. In 1990, she was one of the first American designers to write a book about feng shui, the Chinese Art of Placement.

Her latest book, *ColorAlchemy* (Earth Design, \$29.99) taps into the recession mentality perfectly. We may not be spending a lot of money buying furniture, but color is an inexpensive way to punch up our psyche and decor. And some experts maintain color is a quick way to make us feel more optimistic, something we all need now.

Lin's 272-page paperback implores readers to discover their inner rainbow. The back cover boasts that "2 minutes a day transforms your Daily Colors into Personal Triumphs." That claim may be a bit of a stretch, but the book opens up the mind to some interesting concepts such as aligning seven colors with each day of the week. One warning: Skeptics need not apply. This book is filled with New Age philosophy, using words like chakra and auras. It's for folks who are into yoga, tai chi and meditation.

"ColorAlchemy is how to change your life with the colors around you," she said in an e-mail interview. "It is so easy and inexpensive to apply to interior design."

Her fixes? She suggests putting an orange vase on your desk to increase creativity and using violet or indigo sheets to help insomnia. Want to know more? See JamiLin.com.

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