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Hi, I am JL and thanks for joining me. I love talking about triumphing over challenge and living in the light of possibility. What I am going to share with you in the next few minutes always inspires happiness within me. This joy fills me with so much passion that I hope to inspire you with the secrets to live in joy and happiness, too.

Life is full of challenges. We all have the little ones like coordinating our professional and personal lives while still finding time to pick up groceries. We all have bigger challenges too, like planning for a stable future.

And we all have a conscious choice about how we handle our challenges. When you boil it down, there are really only two options:

Live in the light of possibility. Stay positive. Be happy and joyful.

Or

Live in the darkness of fear, doubt, and worry.

And the answer is really quite simple, just ask yourself,

Who do you want to hang out with? Positive people or negative people?

And more important, who do you hang out within your alone time in the privacy of your mind?

Are you hanging with your happy self or your worry self? Your light side or your dark side?

And most, most important, every day has a price. The price you pay is one day less of your life. While we don't know the time line of our lives, without being philosophical (and I'll save that for later), our lives will end. Did you waste today in worry (which is toxic to your mind, body, and spirit) or was your day, even with its challenges, joyful and happy?

As the degree of challenge is sometimes greater than others, and if we have lived, there are cycles that are easier, and those that are downright awful, but we still traded a part of our life for them.

When an unpleasant time passes, that part of your life is still gone! Did you wallow or did you still find some joy? Did you waste it or did you still find something to be happy about?

Philosophically, I believe that at the end of our lives, just like at the end of each day, there will be a time of reflection, did you choose wisely? Today: Were you happy? Today: Did you live in the light of possibility or did you live in the darkness of fear and worry? And because you traded a day of your life, was it worth the price? In your reflections, what can you do tomorrow to be joyful?

As the days run into weeks: Did you make a conscious choice to have a joyful week even through the challenges?

The weeks flow into months and years, once they are gone, they are gone...were those days, worth the price of how you lived them?

This is probably the most important thing to think about before all our finite days unconsciously fly by.

The days quickly add up to a lifetime, and the at biggest, moment of reflection, when you “check out/kick the bucket,” did you choose wisely? Did you live a joyful life? Were you happy?

Along with philosophy, I’ve always loved science and metaphysics.

As a young girl, I loved observing the clouds moving across the sky, the phases of the moon, and how plants unfurl as they come out of the earth. All of nature filled me with wonder. Intuitively, I’ve always known what the quantum physicists are now telling us about cosmic intelligence. Now, they define the smallest component of all that exists as the god particle or cosmic intelligence.

Somehow, I always felt connected to this cosmic intelligence –I believe that we all are if we just spend a little time developing awareness we can tap into the god particle within ourselves. By the way, ColorAlchemy easily taps into the cosmic intelligence, because as you’ll soon learn, color is the essence of the god particle.

As long ago as I can remember, bald guys in yellow robes would come play with me – and at the time, I didn’t know they were Buddhist monks. The first time I heard the words alchemy and kabbalah, I loved the way they sounded, even without knowing what they meant. I’d question the rabbis about the hidden mysteries and was never satisfied with “that knowledge is not for you.” I gravitated toward the teachers that said, “learn what I have to teach you and grow beyond – contune to be a seeker.”

I am still hungry for knowledge. I trust the metaphysical science and its cosmic intelligence because it is the source of all matter and human consciousness. With cosmic intelligence at the source, the methods I use to create joy and happiness such as the scientific aspects of Feng Shui and the science of ColorAlchemy are consistently effective.

The law of living provides us with the choice to live in light and happiness or darkness and worry. Again based upon quantum science, I believe that when you are born, you have a karmic destiny and I look at birth as a point, a point of light. There is also free will, which I see as a path from that point which fans out like a V, a ray of light. On your journey, you can walk on the smooth leg of the V, the rocky side, or any of the variables in between.

Feng Shui, the design of your home to nurture your inner life, supports walking on the smooth side of the V. Even though the Feng Shui I practice is based upon the consistency of mathematical formulas derived from the natural laws, there will still be bumps in the road.

Whether you are on the smooth or rocky side, it is your awareness that illuminates your journey.

Isn't it true when you are in fear of each step, you lose confidence, and metaphorically, lose your footing? Just the other day, being a clumsy human, I was rushing around so fast, I ran into a table: BAM-I saw stars! And while it left a huge-blue welt on my leg, I immediately refocused on whatever I was doing which dismissed the pain. If I had paid attention to my leg, it would have throbbed in the darkness for hours. Conscious choice is an inside job.

Living in darkness is painful and is such a waste when we have a conscious choice to be happy.

Discover the conscious choice of being happy and living in the light of possibility: Part 2

Enjoy living in the light of possibility Part 2.

Conscious choice is based upon the cosmic intelligence of the natural laws. I love how the metaphors for living in the light parallels most spiritual traditions and certainly Chinese metaphysics. The essence of these universal teachings hold the same cosmic intelligence as the consistency of Newtonian science, quantum physics, and how ColorAlchemy works every time.

Chinese metaphysics, cross-cultural spiritual traditions, and even the big-bang theory beautifully describe the creation of the universe. First there was nothing and then there was something. In the void of darkness, "Then there was Light."

The darkness is a back hole, and sometimes, those people who have allowed the darkness to suck them in feel as though they can never get out. We have all experienced some level of depression, me too, and its dark, scary, and the place where sadness dwells.

When you walk in the light, you have the clarity of seeing ahead of you and where you are going. I love how every spiritual tradition uses White Light as a symbol for the energy of the creator...and how the ancients from all over the world intuitively knew about cosmic intelligence.

One tenant of why ColorAlchemy works every time was first revealed by master metaphysician, philosopher, and scientist, Isaac Newton in the 1600's. With the simplicity of holding a prism to the light, it consistently refracts into the 7 colors of energy or components of cosmic intelligence.

Each of the 7 colors, which are of the light, have primal qualities that influence human potential. As a quick snapshot, life-supporting characteristics of light are vitality, creativity, power, love, focus, intuition, and bliss. When you absorb your ColorAlchemy energies, you develop your awareness for making conscious choices.

Newton took his experiment one step further. After the light was split into the vibrational energy of the 7 colors, he placed another prism to capture them into another prism and the colors re-converged into white light.

Not only do you absorb the individual intelligence of each color and the components of living in the light of happiness, by soaking all of them in, you absorb the qualities of the white light of the Creator: the grand intelligence of all life to walk in the light.

Quantumly (is that a word? Author privilege!), Quantumly is that cool or what?
Here's the secret:

- 1. The source of everything that exists is the vibrational cosmic intelligence of the light.**
- 2. Color is the component of light and is the purest and immediate source of perfection.**
- 3. You have a choice to benefit with this unlimited resource.**
- 4. All you need to do is absorb color's life-transformational qualities to walk in the light of perfect potential.**

Through your home and office, you can use Feng Shui to design your life, from the outside in, to walk on the smooth path. ColorAlchemy, easily develops your awareness, from the inside out, to make the conscious choices to illuminate your journey.

Using the cosmic intelligence of light, ColorAlchemy is so simple. By practicing only 2 minutes a day, you walk in the light and triumph over challenge.

With your two-minute practice, ColorAlchemy is an intuitive process that contains the same light of cosmic intelligence that connects with the cosmic intelligence of your body, mind, and spirit.

ColorAlchemy:

1. instantly turns stress into calm,
2. balances and nurtures all the life-enchanting qualities of being happy
3. connects to your divinity with the light of the creator
4. transforms self-sabotaging behavioral patterns into ones of unlimited potential.

Apply ColorAlchemy to be triumphant over challenge and walk in the light of possibility.

I am a person who most sincerely wants to help make the world a better place and I love how the benefits of living a happy life also extend way beyond yourself.

I believe when I am happy, or you are happy, every thing we do and every person we contact, through the quantum-energy field that is our body, we radiate light and joy. Just by being happy, we inspire positiveness instead of fear. Yeah, there are challenges and sometimes life just doesn't seem fair, but still, every day, we each pay the price that "costs us" a day less, and in exchange for that day, we all can make the conscious choice to live in the colors of the bright side of life.

Be a ripple in the pond to mirror and reflect happiness to perpetuate joy within yourself and within others. Let's all live and grow the light. You have the secret for happiness. You have the universal scientific and spiritual formulas for joy. Explore the colors of conscious choice and shine in the joy of your light.

What I've just shared is just the tip of the iceberg. Visit ColorAlchemy.com for hundreds of ways to absorb your ColorAlchemy Triumphs. Light attracts light, and through your own joy, be a ripple in the pond...share your light, the better for you and the better for the world.

I love and light.

Thanks for listening.