

# Life Desires for Balance

Career: Do you love it?

Helpful People: Do your friends and associates support you?

Children: How are relationships with children or your playful/creative side?

Marriage: Do you have a successful marriage or business partnership?

Fame: Is your reputation good and do clients come easily?

Wealth: Do you have all you desire?

Family: Are your family & friends loving and encouraging?

Knowledge: Are you expanding your expression of self and spiritual side?

Health: Could it be better?

## ***Life Desires: Children Area***

**Whether you have or would like to have children, a better relationship with them, or to honor the child within you:**

- **Put your teddy bear or special stuffed animal in the area. *(You DO still have it, don't you?)***
- **If you don't have a stuffed animal, go get one. Have a great time picking out the perfect one.**
- **Buy a baby accessory, like an antique basket, and use it as a pot for dried baby's breath & other flowers.**

## ***Life Desires: Marriage Area***

- **Hang your wedding picture or white lace gloves.**
- **Put wedding mementos/gifts in the Marriage area.**
- **Get a four-poster bed & drape it with white lace.**
- **Dress the bed with rose-colored silk sheets.**
- **Fill a champagne bucket with delicate white & pink fresh flowers.**
- **Don't forget to set the intent with the 4 C's of marriage.**

***Commitment, Communication,  
Cultivation, & Compromise!***

## *Life Desires: Fame area*

- Hang a favorite picture of yourself in a red frame.
- Have you seen the mirror with the overlay of *Time* or *Newsweek*? Get one and hang it so your face is reflected as you pass by.

## *Life Desires: Helpful People/Travel Area*

- Take a photography class so you can put up pictures from your own travel experiences.
- Place or hang objects representing places you have been or places you would like to go.
- Hang art of people smiling and having fun.

## *Life Desires: Career area*

- Select items that represent the career you have, would like to have, or that you want to be more fulfilling.
- An attorney might like to use an unusual scale (scales of justice) as an accessory. A nautical architect might have famous ship blueprints framed and hung.

## *Life Desires: Wealth Area*

- Hang a poster of a red Porche in a wood frame, or the places you'd like to travel.
- Put wood accessories on your desk.
- Make a collage with pieces of play money.
- Accessorize with red and purple silk pillows.

## ***Life Desires: Family & Health***

### **For Health:**

- Put well maintained live plants.
- Hang art with vitality.

### **For Family:**

- Place photos of the family playing, laughing and loving in wood frames.



## *Life Desires*

### *Knowledge/Self-cultivating area*

- Get a comfortable lounge chair a good light; use it for reading and meditation.
- Put books that you want to read where you can see them.
- Put up inspirational posters or frame your favorite quotes.