

Energetic Qualities of Mirrors **(Light Energy)**

- Reflecting
- Attracting
- Pulling
- Drawing
- Expanding
- Magnifying
- Strengthening
- Empowering
- Repelling
- Setting Boundaries
- Redirecting
- Creating a Portal

**Mirrors placed where it doesn't show, is as powerful.
Reflecting negative energy, use compassion.**

Energetic Qualities of Crystals ***(Light Energy)***

The true mind is the crystal clear mind.

Master Ni, Hua Ching

- **Refracting**
- **Reflecting**
- **Expanding**
- **Dispersing**
- **Redirecting**
- **Adding Light**
- **Adjusting Flow**
- **Balance**
- **Harmony**
- **Spiritual /Universal**

Energetic Qualities of Lights and Lighting (Light Energy and Illumination!)

- Adding Chi
- Brightening
- Dark/Dead Chi
- Strengthening
- Spiritual Light
- Awakening
- Lifting/Uplifting
- Warming
- Cheering
- Enlightening

What objects will make *Chi* change direction or slow down?

- A wall partition, movable screen, or heavy element will force *Chi* to move around it.
- A mirror or reflective surface will change the direction of *Chi* as it bounces off.
- The sounds from objects, especially from soothing music, will change energy speed and the attitude of the space.

Energetic Qualities of Wind Chimes/Bells **(Sound Energy)**

- **Awakening**
- **Activating**
- **Attracting**
- **Strengthening**
- **Propelling**
- **Lifting Low Areas**
- **Lifting Personal Chi**
- **Peaceful Vibrations**
- **Calling Message/Answer**
- **Chi Clearings**

Energetic Qualities of Plants/Flowers/Pets **(Living Force Energy)**

- **Nourishing**
- **Enlivening**
- **Naturalizing**
- **Vitalizing**
- **Health
Enhancing**
- **Attracting/Pulling in**
- **Awakening**
- **Strengthening**
- **Resolving
Imbalances**

Energetic Qualities of Aquariums/Fishbowls (Living Force Energy)

- Prosperity
- Flow
- Action
- Absorbing Ill Chi
- Upping Personal Chi
- Water/Ocean Chi

*Watch the difference between the
“yin/yang-ness” of Still and Moving Water*

Energetic Qualities of Mobiles/Windmills/Whirligigs (Moving Objects Energy)

- Stimulating
- Dispersing
- Deflecting
- Protecting
- Activating
- Awakenning
- Manifesting
- Creating
- Adding Cheer

What objects will make *Chi* change direction or slow down?

- When *Chi* encounters a crystal ball, water in a fountain, or a fish tank, a hanging mobile or wind chime, the energy will slow down and be diffused in many different directions, similar to the way light moves through a prism.
- An air conditioner or ceiling fan will circulate *Chi*.

Energetic Qualities of Powered Objects (Moving Objects Energy)

- **Generating**
- **Propelling**
- **Activating**
- **Stimulating**
- **Yin/Yang Balance**

Energetic Qualities of Others

(Creative Energy!)

All the wonder & possibility
of your own decorative creativity!

Energetic Qualities of Streams/Fountains (Hydraulic Energy)

- Prosperity
- Flow
- Healing
- Balance
- Action
- Water/Ocean Chi

*Watch the difference between the
“yin/yang-ness” of Still and Moving Water*

What objects will make Chi slow down or be absorbed?

- A heavy object, such as a sculpture or stones like those used in a Chinese garden, will absorb energy and/or force energy to move around it.
- The various uses of color.

Energetic Qualities of Heavy Objects **(Mountain Energy)**

- **Stabilizing**
- **Grounding**
- **Centering**
- **Balancing**
- **Holding**
- **Hold down**
- **Settling**
- **Keeping**
- **Keeping Energy In**

Energetic Qualities of Chinese *Flutes/Bamboo Flutes* *(Sound Energy)*

- Uplifting
- Rising
- Strengthening
- Supporting
- Protecting
- Pointing Direction
- Lifting Up Personal Chi

*The wood element: the only element
that needs all others!*